

Name

Sample Weekday Checklist (lower elementary – 1st-3rd)

- Snuggle and read with parent (30 min)
- Breakfast and get dressed (30 min)
- Math (1 lesson – probably assigned by school. If not, I recommend the free Xtramath website to learn math facts. This will help them greatly.) (30 min)
- Schoolwork - If nothing is assigned, have them copy 1-3 sentences you write out on the weekend (one you copy from a book they like or a Bible verse, easy poem, etc.) This will work on handwriting, spelling, punctuation, etc. (10-30 min)
- Play with younger sibling (30 min)
- Chore (ex. Empty dishwasher, wipe off kitchen counters) (10 min)
- Reading - at reading level. Mom assigns if school doesn't. (30 min)

{Lunch/Recess/Break 12-1. Outside if possible.}

- Rest Time (First finish up any assigned reading. Then can listen to audiobook & play Legos, color, etc. in room. 1-2 hours)
- Sibling playtime – (1-2 hours, outside if possible)
- Could do TV time or independent play time here if parent needs to work – (1 hour)*

FREE TIME!!!

Bedtime – parent reads aloud before bed (30 min) – a book above their reading level but not their comprehension level is great. Ex. Little House books

Underlined portions count as school.

Modify this list to fit your family's and child's needs.

